

Beyond Being Bullied (Paperback)

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Reviews

A high quality book and also the font employed was intriguing to read. I was able to comprehended every thing out of this created e book. You wont really feel monotony at whenever you want of the time (that's what catalogues are for concerning should you check with me). (Prof. Johnson Cole Sr.)

BEYOND BEING BULLIED (PAPERBACK)



To read **Beyond Being Bullied (Paperback)** eBook, make sure you follow the link under and download the document or gain access to additional information which are in conjuction with BEYOND BEING BULLIED (PAPERBACK) book.

Counseling with Heart, United States, 2014. Paperback. Book Condition: New. Lucia Martinez (illustrator). 274 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.Bullying is a serious problem that, unfortunately, affects an increasing number of children each year. Whether verbal, physical, or both, bullying can severely undermine self-esteem and even erode hope for a better future. Beyond Being Bullied is powerful medicine for the negative messages that accompany being targeted by a bully. Readers are provided with a wealth of activities designed to reinforce self-esteem. Additional activities relate to treating people with kindness and seeing oneself as a superhero who is well equipped to deflect negative messages and emerge even more resilient. Ages 7-12, Softcover, 40 pages Other titles available in the Helping Kids Heal Series Saying Goodbye: Memory Book Memories of You: Pet Memory Book Outsmart Test Anxiety: A Workbook to Help Kids Conquer Test Anxiety Better Days: A Workbook to Help Kids Better Understand and Accept Retention A Brighter Tomorrow: A Workbook to Help Kids Cope with Traumatic Events Chill Out: A Workbook to Help Kids Learn to Control Their Anger Mom or Dad s House?: A Workbook to Help Kids Cope with Divorce Broken Promises: When Parents Don t Keep Their Word Cyber Savvy: A Workbook for Kids Who Have Been a Target of Cyberbullying Twice the Love: A Workbook for Kids in Blended Families Somebodyness: A Workbook to Help Kids Improve Their Self-Confidence Each workbook in the Helping Kids Heal Series allows children to process their pain through art therapy, self-reflection, and self-awareness activities.

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