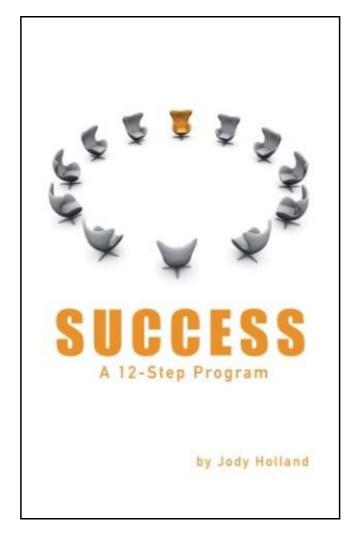
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Reviews

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(Prof. Loyce Runolfsson Jr.)

SUCCESS: A 12 STEP PROGRAM (PAPERBACK)



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My Judo Life, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. In the tradition of fixing major life challenges, the book helps FIX the challenge of success running from a person. There are 12 distinctive steps that must be followed in order to achieve the level of success that a person desires in their life. Although success is defined individually, failure is consistently defined as not being able to meet one s goals. This program will walk you one step at a time into the life that you want. You will learn the keys to achievement through each of the steps. 1. Define your current reality. Without knowing the actual starting point and accepting where you are, you will never make it to where you want to be. Having a reality check and accepting responsibility for yourself and your situation is critical. 2. Surround yourself with right-minded people. It is critical to have the right people around you so that you are lifted up and not brought down. 3. Define your future, the one that you truly desire. You know who and where you are and you have built a support system around yourself. Now it is time to define where you will end up. 4. Establish the why for your your change. Without a strong enough why, what and how will be irrelevant. You have to position yourself for positive change by stacking your emotional deck in your favor. 5. You want to build momentum by defining the benefits that you will receive when you achieve your goals. You now have the positive emotions for change and the negative emotions toward remaining the same. You will really have some intensity for change at this point. 6....



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